



## **Ganga White**

President of the White Lotus Foundation and recognized as one of the outstanding teachers and exponents of Yoga, Ganga White founded the nationally renowned Center for Yoga in 1967 and has an extensive background in health, science and philosophy with teaching experience spanning 40 years.

Ganga studied and lived in India, visiting remote monasteries and learning centers. He teaches internationally and has trained hundreds of yoga teachers. He founded Yoga centers in major US cities and for five years served as vice-president of the Sivananda Yoga Vedanta Society.

He has received the teaching title Yoga Acharya three times from the Sivananda Ashram, the Yoga Vedanta Forest University, Rishikesh, Himalayas and the Yoga Niketan in India. He has acquired years of personal study with many great teachers including Swami Venkatesananda, J. Krishnamurti, BKS Iyengar and K. Pattabhi Jois.

## **Tracey Rich**

Tracey has been studying and teaching nationally since 1978, training teachers as well as students. Her background in Yoga includes study with K. Pattabhi Jois of the Astanga Vinyasa tradition, Yogiraj Ganga White, Yogini June LaSalvia, Joel Kramer and J. Krishnamurti.

Her background also includes writing, dance, health and philosophy. She draws her teaching methods from all of these areas creating a synthesis of experience and hoping to inspire self-expression in the student, giving them the tools to develop well being and awareness in their lives. Tracey is holder of the Yoga Acharya degree.